

Baked Meatballs

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Ingredients:

1 tablespoon of olive oil.
½ onion, finely chopped.
3 garlic cloves, minced.
½ lb of ground veal.
½ lb of ground beef.
½ lb of ground pork.
½ cup of grated Parmesan cheese.
2 medium eggs.
½ teaspoon of salt.
¼ teaspoon of freshly ground black pepper.

Preparation:

Preheat your oven to 375°F (190°C).

In a skillet, over high heat, cook the onion for 5 minutes or until softened.

Add the minced garlic and cook for 1 minute.

Transfer to a bowl and mix in ground meats, grated Parmesan, eggs, salt and black pepper.

Roll into meatballs and arrange on a pan.

Bake for about 20-25 minutes or until the meatballs are browned and cooked through.